

**Daisy 5 Flowers, 4 Stories, 3 Cheers for Animals! Activity Plan 2**  
**Red Robin Award**

**Purpose:** When girls have earned this award, they'll see how they can use their knowledge and creativity to teach others how to care for animals.

**Planning Guides Link:** Leadership

**Activity Plan Length:** 1.5 hours

**Involve Family and Friends:** Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting
  - Send a note to families to find those with interest or expertise in the topic. Ask them to lead or support a specific activity/activities, or to lead the meeting.
  - Offer this activity plan as a starting place; point out that they may choose alternative activities using the Customize It! section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there, instead.
- At home:
  - Encourage families to ask questions about their girls' petal and Journey activities. Some examples that work for any petal and Journey include: *What did you learn? What surprised you? What does it make you think of trying next?*
- Throughout the Year:
  - Suggest to the girls and their families ways that they may share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

**Girls Take the Lead:** Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
  - If you use "Plan Your Daisy Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
  - If you are adapting the "Plan Your Daisy Year", get the girls' input on which petal and Journeys to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one petal or journey she's excited about.
- Short Term Planning
  - Ask a family to help lead a Journey. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
  - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.
  - Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.
  - Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.



- At the Meeting

- During the opening, have 1-2 girls share their answers to a get-to-know-you question.
- Have girls fulfill their kaper chart responsibilities.
- Try to find something in each activity that you can let girls decide or manage.

**Customize It:** If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the *5Flowers, 4 Stories, 3 Cheers for Animals!* Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Red Robin Award if:

- They can determine the needs of animals
- They can educate others on how to care for the needs of animals
- They can focus on specific animal needs in their community

Girls can continue their *5 Flowers, 4 Stories, 3 Cheers for Animals!* Journey by earning the Tula Award.

**Moving to Take Action:** To complete the *Daisy 5 Flowers, 4 Stories, 3 Cheers for Animals!* Journey, girls plan and carry out a Take Action project that addresses the root cause of a community issue in a sustainable way. During the process, here are some things to think about.

- Girls should play an active part in determining the "what, where, when, how and why" of their project, but Girl Scout Daisies will need your support and guidance throughout the process.
- Help girls scale the project to a manageable size, so they can have a successful experience. Even if the project has a small scope, what they are doing is important.
- Take Action projects are different than community service projects. Take Action projects pick up where short-term community service projects leave off and are long-term solutions, rather than short-term ones.
- Consider contacting older Girl Scouts in your area to help with the Take Action project.
- It's up to the girls to find a Take Action project that they are passionate about, but to get started, here are a few ideas:
  - Family project: Girls work with their families to take care of animals they may find in their own yards like placing out bird seed or a cozy bird house. Girls and their families explore the impact they can have on the creatures that visit their yard.
  - School project: Girls talk to their classmates about the similarities between animals and people then make a poster about how to care for their pets or animals in nature.
  - Community project: Girls work with a local animal shelter to start a drive for food or toy donations from the community.

## Resources

- This activity plan has been adapted from *It's YourStory—Tell It!* *5Flowers, 4Stories, 3 Cheers for Animals!*, which can be used for additional information and activities.
- *Important snack note:* Please check with parents and girls to see if they have any food allergies. The snack activity calls for peanut butter or another topping. Ask parents for alternative options that will work for the activity, if needed.

**Getting Started**

Time Allotment: 15 minutes

Materials Needed:

- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	Girl Scout Law
<p><i>On my honor, I will try:</i> To serve God and my country, To help people at all times, And to live by the Girl Scout Law.</p>	<p><i>I will do my best to be</i> honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, <i>and to</i> respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.</p>

3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

**Girl Scout Daisy Song**

I'm a Girl Scout Daisy! Take a look at me.  
I'm a Girl Scout Daisy, happy as can be.  
We're having fun and sharing each and every day.  
I'm a Girl Scout Daisy, Hip, Hip, Hooray!

I'm a Girl Scout Daisy! Take a look at me.  
I'm a Girl Scout Daisy, happy as can be.  
I'm going on a journey, with friends along the way.  
I'm a Girl Scout Daisy, Hip, Hip, Hooray!

**Activity #1: Caring for Others**

Journey Connection: Session 6—Comparing the Caring Petal

Connection: Respect for myself and others (Purple Petal)

Time Allotment: 10 minutes

Prep Needed:

- Gather materials and supplies.
- Create a poster or checklist that is split down the middle with one side saying "Daisies" and the other side "Animals".

Materials Needed:

- Poster board or large writing space
- Writing utensils

Steps:

1. Explain to the girls that taking care of animals can certainly be fun, but only if we know how to keep ourselves safe.



- Animals are not people, so they can't talk to us about their needs.
- Instead, they might bite or scratch as a way to tell us they are not happy or are frightened.

- When caring for animals, knowing how to be safe around them is very important.
- 2. Ask the girls how they can keep themselves safe around animals and write their ideas on the "Daisies" side of the chart.
  - What should you do to stay safe when you are playing with a cat or dog?
  - How should you act around squirrels or chipmunks or other animals you might see in a park?
  - Suppose you're in a dog park. How should you act towards the pets there?
- 3. Then ask the girls how they might be able to care for animals and keep them safe on the "Animals" side of the chart. You can also ask the girls how animals can receive better care in their community and write their ideas.
  - What does our community need to make life better for animals?
  - How can we, as Daisies, help with making these things better?
  - How can we care for stray or homeless cats or dogs that we might see in our community?
  - Why should people adopt pets from a shelter in our community?
  - What wild animals in our community need our care, and how can we care for them?

### **Activity #2: Rest!**

Journey Connection: Session 7—Inspired by

Animals Time Allotment: 10 minutes Prep Needed:

- Gather materials and supplies.

Materials Needed:

- Optional: Calming music or sounds of nature music
- Optional: Music playing device

Steps:

1. Both humans and animals need rest. All creatures need rest! Ask the girls to brainstorm some ways that animals rest and relax. What do they do to rest and relax?
2. Tell the girls that now they will all take some time to rest and relax with yoga.

#### **Japanese Garden Yoga**

- The Butterfly: Sitting down, press the bottoms of your feet together. Keep your back straight. Now, gently rock your knees up and down, just like butterfly wings!
- The Turtle: Curl up on the floor. Tuck your knees under your tummy. Round your back as if you were a turtle in its shell. Slowly stretch one arm forward, then slowly bring it back. Repeat with one arm at a time, then one leg at a time. Stretch your neck, too.
- The Crane: Stand on both feet, keeping both knees facing straight ahead. Lift one leg, touching your foot to your knee. To balance, put your arms out just like wings. This may take some practice!

### **Activity #3: Apple Ladybugs Snack**

Journey Connection: Session 2—Caring That

Counts Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.
- Cut apples.

Materials Needed:

- Paper plates
- Plastic spoons/forks

- Apples (1 apple for every 2 girls—cut in halves from top to bottom)
- Pretzel sticks
- Peanut butter, Greek yogurt or other choice of topping
- Raisins
- Water or other beverage
- Napkins
- Hand sanitizer or instruct girls to wash their

hands Steps:

1. Give girls one half of an apple and have them place the apple flat side down on the plate.
2. Ask the girls to dab some peanut butter or other topping on the skin side of the apple halves and then put raisins on those spots.
3. Use the pretzel sticks to make antennae by putting one end of the pretzel stick into a raisin, then pressing the other end into the apple.
4. Enjoy your ladybugs!

**Activity #4: Animal Stories**

Journey Connection: Session 6—A Postcard is Worth a Thousand

Words Petal Connection: Make the World a Better Place (Rose Petal)

Time Allotment: 25 minutes

Prep Needed:

- Gather materials and supplies.
- Optional: Review website for craft ideas (see Resources section above for details).

Materials Needed:

- Paper plates (large and/or small)
- Coloring utensils
- Stickers, googly eyes and other decorative craft supplies
- Construction paper
- Popsicle sticks
- Tape and/or glue Scissors

This activity can be done in small groups or one large group. Talk to the girls about how they now have the knowledge of how to care for animals and themselves and how they can share it with others. Tell them that they are going to create a story to tell their friends and family about an animal or a group of animals that need to be cared for and how others will care for them. The girls can create their own story of real or imaginary characters or you can give them a situation to work from.

- Situation ideas: A baby animal can't find their mommy or daddy; an animal lost their home or needs a new one; an animal is sick or hurt; a neighbor is going out of town and needs someone to take care of their pet; an animal got lost and can't find their way home; there is an endangered species that need to be saved.

Spend about 10 minutes creating the story and then ask the girls to create their characters with the craft supplies. Girls can make masks if they want to act it out or draw the scenes to bring their story to life.

Put all the scenes together to make a storyboard or mural, or have the girls act out the story.

To help them start planning their take action project, ask girls the following questions and record their ideas. If girls need help thinking of ideas, remind them of the things discussed in Activity #1.

- What project would be fun to do to care for animals?
- How can we involve others in this project?

- What supplies do we need to complete the project?
- What can you do to tell others about the project and inspire them to take action too?

### Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board

Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.

Sing "Ma

ke New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

### More to Explore

- Field Trip Ideas
  - Visit the local Animal Humane Society, zoo or a farm to talk to an expert about animals needs.
  - Take a nature walk around the block and have girls identify the sights and sounds of the animals around them and see if they find ways that animals take care of themselves.
- Speaker Ideas
  - Invite an animal expert or educator to come talk more about animals and how people can care for them.

### Family Follow-Up Email

Use the email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today exploring how we can care for animals and ourselves and are on our way to earning the *5 Flowers, 4 Stories, 3 Cheers for Animals!* Journey Red Robin Award.

We had fun:

- Discovering the types of needs animals and Daisies have and how we both are cared for.



- Learning a new way to rest and relax through yoga.
- Learning how to teach others about caring for animals through art and storytelling.

Continue the fun at home:

- Ask your Girl Scout about ways that the community can help animals.
- Help your Girl Scout create a poster or picture to put up at home to remind the family how important it is to care for animals and each other.
- Look at the *5 Flowers, 4 Stories, 3 Cheers for Animals* Journey Book and learn about the adventures of the Flower Friends in "Gloria's Story." Follow it up by doing the Japanese Garden Yoga poses with your Girl Scout.

Thank you for bringing your Daisy to Girl Scouts!