

Cadette aMAZE
Take Action Project Sample Sessions: Safety for All

Project 1

First Aid Promotion— *promote First Aid education* **Project 2**

Safety Watch—*create or participate in a Safety Watch program*

Resources

- American Red Cross
- Local Police Stations
- National Association of Town Watch Clearinghouse: 800-648-3688,
www.nationaltownwatch.org/natw
- USAonWatch
National Sheriffs' Association
1450 Duke Street Alexandria, Virginia
22314-3490
703-836-7827
www.usaonwatch.org

Project 1: First Aid Promotion

Map It:

1. Survey people at school and the community about First Aid awareness and First Aid need.
2. Speak to a Red Cross representative from the community to find out what services they provide.
3. Share results from the survey with Red Cross.

Plan It:

1. To receive Disaster Training, call the Red Cross Youth Services (904-358-8091)
2. To receive First Aid Training, call the Red Cross Youth Services (904-358-8091)
3. For more information on how to promote safety contact USAonWatch at 703-836-7827 or visit their website at www.usaonwatch.org.

Do It:

1. Host a community First Aid Workshop.
2. Work with Red Cross to promote their trainings.

Think About It:

1. Write a song about the experience.
2. Host a get together for everyone involved and celebrate by talking about what each person learned from the project.
3. Play charades and act out situations from the project.

Advocate It:

1. Start an awareness campaign about the necessity of First Aid or another safety issue.

Project 2: Safety Watch

Map It:

1. Create and conduct a survey to find out how safe people feel in the community.
2. Call local police stations to find out if there is a neighborhood watch program.
3. Call local police stations and ask for a crime report for the community.

Plan It:

1. To learn about neighborhood watch programs, contact USAonWatch at 703-836-7827 or visit their website www.usaonwatch.org.

Do It:

1. Create a Neighborhood Watch program.
2. Create a method for people to report crimes anonymously at the school, community center or in the neighborhood.
3. Work with younger children to educate them on safety practices.
4. Volunteer to work with Minnesota Missing Children.
5. Set up a self-defense workshop for people in the community.

Think About It:

1. Record people's stories about safety and donate to the library.
2. Make collages about feeling unsafe and safe.

Advocate It:

1. Develop a before- and afterschool safety program.