

## WAYS ADULTS CAN HELP

Each troop needs the help of adults to provide a quality Girl Scout experience.  
Get involved and make a difference in the lives of girls!

Adult's Name \_\_\_\_\_  
Address (City, State, Zip) \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Girl's Name \_\_\_\_\_

I would like to (check all areas of interest):

### HELP THE TROOP:

- |   |   |
|---|---|
| <input type="checkbox"/> Help at one meeting (1 hour)                     | <input type="checkbox"/> Help manage troop budget (2 hours/month)         |
| <input type="checkbox"/> Help with troop fundraising (4 hours)            | <input type="checkbox"/> Drive on trips/outings (1 hour/month)            |
| <input type="checkbox"/> Purchase supplies (1 hour)                       | <input type="checkbox"/> Be a first aider (2-4hours/month)                |
| <input type="checkbox"/> Coordinate Troop snacks (1 hour/week)            | <input type="checkbox"/> Provide snacks for meetings (1 hour)             |
| <input type="checkbox"/> Provide space for storage (no time)              | <input type="checkbox"/> Help with the cookie sale (2-4 hours/week)       |
| <input type="checkbox"/> Help with the fall product sale (2-4 hours/week) | <input type="checkbox"/> Coordinate family communication (2-4 hours/week) |
| <input type="checkbox"/> Other: _____                                     |   |

### TEACH THE GIRLS (2-4 hours):

- |                                   |                                    |                                      |                                       |
|-----------------------------------|------------------------------------|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Animals  | <input type="checkbox"/> Drama     | <input type="checkbox"/> Music       | <input type="checkbox"/> Science      |
| <input type="checkbox"/> Camping  | <input type="checkbox"/> First Aid | <input type="checkbox"/> My Career   | <input type="checkbox"/> Sewing       |
| <input type="checkbox"/> Computer | <input type="checkbox"/> Fitness   | <input type="checkbox"/> My Culture  | <input type="checkbox"/> Songs        |
| <input type="checkbox"/> Cooking  | <input type="checkbox"/> Games     | <input type="checkbox"/> Nature      | <input type="checkbox"/> Sports       |
| <input type="checkbox"/> Crafts   | <input type="checkbox"/> Gardening | <input type="checkbox"/> Nutrition   | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Dance    | <input type="checkbox"/> Math      | <input type="checkbox"/> Photography | <input type="checkbox"/> Other: _____ |

### Safe Driver Pledge:

As a volunteer driver for a Girl Scout Activity, I understand it is my responsibility to transport girls safely to the scheduled activity and back to their parents or guardians. To ensure the safety of the girls, I pledge to:

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Make sure that the vehicle is in safe operating condition before the trip                                     | <input checked="" type="checkbox"/> Drive with extra caution during hours of darkness and any other time visibility is reduced or road conditions worsen. |
| <input checked="" type="checkbox"/> Confirm that everyone is wearing a seatbelt at any time the vehicle is moving                                 | <input checked="" type="checkbox"/> Plan extended trips to avoid riding in the dark.  |
| <input checked="" type="checkbox"/> Drive within posted speed limits  | <input checked="" type="checkbox"/> Never drive when sleepy.  |
| <input checked="" type="checkbox"/> Use turn signals for all turns and traffic lane changes   | <input checked="" type="checkbox"/> Take a rest break every two hours.  |
| <input checked="" type="checkbox"/> Yield to all incoming traffic and be extra careful when making left turns.                                    | <input checked="" type="checkbox"/> Alternate drivers when I need a break.  |
| <input checked="" type="checkbox"/> Keep at least a three-second interval between my vehicle and the vehicle in front of me when highway driving. | <input checked="" type="checkbox"/> Never use a cell phone when driving.  |
|   | <input checked="" type="checkbox"/> Refrain from smoking in the vehicle in the presence of the girls.   |

I certify that I have a current driver's license and proof of vehicle insurance.

Signature \_\_\_\_\_ Name \_\_\_\_\_